CULTURE AND RECREATION

Inspiring Community Wellness

April to June 2019

Jasper Fitness & Aquatic Centre

305 Bonhomme Street, 780-852-3663 303 Bonhomme Street, 780-852-3381 aquatic@town.jasper.ab.ca

Jasper Activity Centre

activctr@town.jasper.ab.ca

www.jasper-alberta.com

Facebook @JasperFitnessAquaticCentre

FITNESS CENTRE	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Weight room, cardio equipment, stretching area, indoor bouldering wall	9:00 AM to 10:00 PM	6:30 AM to 10:00 PM					9:00 am to 10:00 pm
ACTIVITY CENTRE	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Racquetball, squash and tennis courts	9:00 AM to 10:00 PM	10:00 AM to 10:00 PM					9:00 am to 10:00 pm
AQUATIC CENTRE	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lessons/Lane Swim/Parent & Tot 2 to 6 swim lanes, hot tub, steam room, wade pool	7:00 to 9:00 AM						
Lane Swim/Parent & Tot 2 to 6 swim lanes, hot tub, steam room, wade pool Aquafit M, W, F 9:30 to 10:30am	9:30 to 11:30 AM						
Lane Swim/Parent & Tot 2 to 6 swim lanes, hot tub, steam room, wade pool	12:00 to 2:00 PM						
Lane Swim/Parent & Tot 2 to 6 swim lanes, hot tub, steam room, wade pool	2.204-	4:00 to 6:00 PM				5:00 to 8:30 pm	2:30 to 8:30 pm
PUBLIC SWIM 1 swim lane, hot tub, steam room, diving board, full main and wade pool	2:30 to 8:30 pm	6:30 to 8:30 pm					
Evening Lane Swim 2 to 6 swim lanes, hot tub, steam room, wade pool		8:30 to 9:30 PM W - kayaking 8:30 to 9:30 PM					