



School-Age Community Conversation Notes: November 9th, 2022

TRENDS:

- Teens are really engaged with sports and activities post-covid.
- Anxiety with school work is kicking in for children and teens.
- Programming filling up fast with huge attendance.
- Teens are struggling to find places to hang out with cold weather.
- Trying to refer to pool/arena - the loss of theatre is palpable in wintertime.
- After school period is a hard window for children in terms of places to go.
- Community has lost several parents lately due to mental health/addictions.
- Increase in isolation and loneliness.
- Increase in grief and loss.
- Challenges to support parents and children.
- Huge waitlist to see Mental Health with Alberta Health Services (6 week wait).
- Alberta Health Services Addictions is less busy than Mental Health and the local therapists are working on some language changes that will help increase access.
- Food Bank and Food Recovery have never been busier.
- The Grande Yellowhead Public School Division school bus has made a huge positive impact for families. Some families living in further neighbourhoods within town are wondering if their areas could be incorporated into the school bus route.
- Rec Room numbers: 40-70 kids, KAOS: 35 kids per program. Huge turn-outs.
- Youth Pumpkin Path was a huge success again this year and raised \$1420 for The Child and Youth Participation Fund - helping kids access clubs, sports and activities for which cost would otherwise be a barrier.
- Alberta Health Services, Mental Health/Addictions is limited in scope and they can't go into schools. However, there is now the go-ahead to incorporate some community work into the addictions role so Ryan will be able to attend these conversations.
- There is stigma around accessing addiction counselling where people think they need to be at the worst phase of addiction to access services.

UPCOMING PROGRAMS OR EVENTS:

- Rec Room Wednesdays. Teen Adventure Seekers.
- Parent Speaker Series. Youth Community Helpers are really busy
- December 2 - Santas Anonymous fundraiser with KAOS.
- Circle of Security is almost done.
- Bronze Medallion and Bronze Cross starting. Bronze star after Christmas.
- Youth Climbing Thursdays 7-9PM. Kayak Club starting up.
- Go Girl is happening in Fox Creek in March. Pool can now run competitive swim.

ACTION:

- ☐ **Carla** to look into RAINBOWS for grief/loss.
- ☐ **Lisa** to send Grief + Loss toolkit to Carla and CC group.
- ☐ **Carla** to bring the school bus request to Eric/GYPSD to see about next steps.
- ☐ **Carla** to loop in Jo Ann about Go Girl.

RESOURCE: [Psychologists in Alberta Today](#)



What do you think?

- ✓ [Municipal public engagement opportunities](#)
- ✓ [Give feedback, contact council or report an issue.](#)
- ✓ [You can also contact council by emailing them.](#)

Promote your program or event:

- ✓ [Check the Community Calendar to find out what's going on in Jasper.](#)
- ✓ [Add your program or event to the calendar.](#)

Share your passion:

- ✓ [Fill out this form](#) and we will contact you to discuss your idea!

All things Community Conversations:

- ✓ [Community Conversations schedule and information](#)
- ✓ Community Conversations most recent notes
- ✓ Application to join Community Conversations
- ✓ Municipal Community Conversations policy

Do you have neighbours or colleagues who are new to Jasper?

- ✓ The [New to Jasper page of the website](#) has helpful information for them.

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