

Seniors Community Conversation Notes March 7, 2024

Jasper Seniors' Society – Betsy DeClercq

- Whitecourt Seniors coming to Jasper for a visit and Jasper Seniors' Society is doing a joint program with them.
- There will be a free bus for a one-day trip to Banff. Leaving in the morning, coming back same evening. \$10 membership gets seniors a free ticket.
- Wrote a letter of support for the Men's Shed movement. Doing a letter of support for the Walking Track.
- Going to meetings about generator for Alpine Summit. Curious about having air conditioning for Alpine Summit as well.
- Article in Fitzhugh from Minister of Seniors, Community and Social Services: Jason Nixon responsible to work in cooperation with relevant ministries to develop and implement affordable home ownership and rental strategies. Strategy focused on low income and middle income prospective buyers and renters including seniors. Jasper Seniors Society will try to invite Jason Nixon to Jasper for a discussion.

Social Prescribing Program – Community Outreach Services – Kacie Whyte

- Prime Time program launched. Variable attendance and topics. Between 1-16 participants each time.
- Drive Happiness: It's a transportation program for those who are experiencing transport barriers. The program is just getting going and more info coming from Kacie. Volunteers get a small honorarium for driving.
- Noted a challenging age group (55-65 year olds). If they cannot work any longer, they are not yet eligible for all benefits for 10 more years at age 65.

Jasper Municipal Library – Traudi Golla

- Everyone's waiting for the happiness program coming this week.
- Starting tonight 7th to 19th, the Library has a computer game but on a large table with the game projected onto it. Happening this evening for the first time tonight for seniors.
- Just for background, purchasing technology like this is roughly \$16K.
- The Library has a survey out currently. Please help pass it around to clients and folks you're connected with.
- Adult nerf gun night March 27 at 6:30 PM.
- Book Club happening too.

Municipal Council – Councillor Waxer

- Councillor Waxer spoke about the benefits of the transit system. She used it herself and it was really helpful. Great and affordable option for older adults. Despite lower frequency of middle of the day runs, it's helpful.



- Coldest Night of The Year raised nearly \$18K and increased awareness and empathy for folks dealing with homelessness. Funds raised are split between the Food Bank and the Jasper Community Team Society.
- UPLift Mural Fest Great footage on the Della Sens mural. Della will turn 100 this spring. Councillor Waxer is looking for grant funding to make a film about the Della Sens Mural.

Jasper Museum – Heather Legacy

- Heather Legacy is the new Museum General Manager and she is one month in to the new job. Great to be a part of this group and getting to know who is who.
- Seniors are the bulk of museum volunteers. Coffee Hour is coming to an end next week. Karen will go to Alpine to do a coffee talk over there.
- Programming: open to lots of ideas and potentially collect info from members and seniors in the community broadly.

Municipal Council - Mayor Ireland

- Indoor walking is available at the Multi-purpose hall.
- Discussed Transit usefulness as well particularly for older adults. Please tell folks to relay experiences about using transit.
- On-line 50/50 at the Oilers game netted over 1.1 million dollars and three local organizations are going to receive a portion of the proceeds.

Alpine Summit – Valerie Bartziokas

- Val Bartziokas is new in the role of Resident Coordinator and learning the new ropes.
- Traudi to bring Library survey to Alpine Summit

AHS Addictions and Mental Health – Ryan Verge

- Increase in seniors accessing services. Not necessarily active use of substances. Mostly coming in proactively as stress and triggers are creating risk for relapse.
- Still short staffed for mental health in Jasper
- Hinton has been providing support
- Anyone can still reach out and access support
- Drop-in services for addictions Thursdays 1-4pm. No pre-screening necessary.

What do you think?

- Engage Jasper Jasper's brand-new online engagement portal. It's a place to share your ideas and provide feedback.
- ✓ Municipal public engagement opportunities
- ✓ Give feedback, contact council or report an issue.
- ✓ You can also contact council by emailing them.

Promote your program or event:

- ✓ <u>Check the Community Calendar to find out what's going on in Jasper.</u>
- ✓ Add your program or event to the calendar.



Share your passion:

✓ Fill out this form and we will contact you to discuss your idea!

All things Community Conversations:

- ✓ Community Conversations schedule and information
- ✓ Community Conversations most recent notes
- Register to join Community Conversations
 Municipal Community Conversations policy.

Do you have neighbours or colleagues who are new to Jasper?

- ✓ The <u>New to Jasper page of the website</u> has helpful information for them.
- ✓ Welcome them to your neighbourhood using our <u>welcome bags</u>.
- ✓ Plan a neighbourhood gathering using our Neighbourhood Connections program.